

## My Learning Day at Home *These are suggestions ☺*

Before 9am	Good morning	Get up, have breakfast, get washed and dressed, brush your teeth, make your bed and tidy your room.
9am – 10.15am	Start your school day	<p>Say your morning prayer.</p> <p>If you want to start your day with exercise, there is BodyCoach on Youtube at 9am every morning.</p> <p>Practise your handwriting. Write today's date and then write out the suggestion from your teacher in your best writing. If you have a book you like to read (poems, story or facts), you could copy out a section.</p> <p>Read a book for 20 minutes and then do the reading activity suggested by your teacher.</p> <p>Draw a picture and write a caption about it.</p> <p>If you can get on a computer, you could take a photo of your writing and/or picture and upload it to the Google classroom.</p>
10.15am – 10.45am	Break	<p>Wash your hands, have a snack and get fresh air if you can – but not near too many people.</p> <p>Maybe chat with your friends on the phone or on Google classroom – but remember that your teachers see what you write.</p>
10.45am – 12pm	Time for maths	<p>Get your brain in gear with some mental maths. Your teacher will put some ideas on Marvellous Me and Google classroom. You can also look at the websites – Education City, Easimaths, Sumdog, BBC Bitesize....</p> <p>There will be a learning outcome for your maths group each day and a suggested activity.</p> <p>Tidy up and get ready for lunch. Say your grace before meals.</p>
12 – 1pm	LUNCH	<p>Wash your hands and have your lunch.</p> <p>Help your family to make the food and clear up.</p> <p>Have a break and listen to music or get some fresh air if you can – but keep your distance from others.</p>
1pm – 2pm	Project time	<p>Say your Grace after meals.</p> <p>Look at your chart and choose a couple of project activities.</p> <p>Teachers will be putting resources to support your projects on Google and Marvellous Me.</p> <p>They will also encourage you to play your part in your Learner Participation Group, raising awareness and carrying out practical tasks to make our world kinder, happier, healthier, rights respecting and EcoFriendly.</p>
2pm– 2.30pm	EXERCISE TIME	Look on Youtube for kids exercise, cosmic yoga, Zumba....
2.30pm – 3.15pm	QUIET TIME	<p>Draw, paint, do a puzzle or make something from Lego or playdough.</p> <p>Before you finish your school day, write a bit in your journal about your day – what you did and how you felt. If you can get onto a PC, please send an e-mail or photo to <a href="mailto:jomartin@aberdeencity.gov.uk">jomartin@aberdeencity.gov.uk</a> We would love to see what you are getting up to when you are learning at home!</p> <p>Say your Good Night prayer.</p>

### Morning prayer

Father in Heaven, you love me.  
 You're with me night and day.  
 I want to love you always  
 In all I do and say.  
 I'll try to please you Father.  
 Bless me through this day. Amen.



This is our school.  
 Let there be peace here.  
 Let the rooms be full of  
 contentment.  
 Let there be love in our learning  
 and in our play.  
 Love of one another,  
 Love of all people,  
 Love of life itself  
 And love of God.  
 Let us remember that,  
 As many hands build a house,  
 So many hearts make St Peter's  
 School – wherever we are



### Prayer at 3.15pm

God our Father,  
 I come to say  
 "Thank you for your love today.  
 Thank you for my family  
 And all the friends you give to me.  
 Guard me in the dark of night  
 And, in the morning, send your light. Amen.



### Grace before meals

Bless us O God as we sit together.  
 Bless the food we eat today.  
 Bless the hands that made the food.  
 Bless us, O God. Amen.



### Grace after meals

Thank you, God,  
 for the food we have eaten.  
 Thank you God,  
 for all our friends.  
 Thank you God, for everything.  
 Thank you, God. Amen.



- Green - Africa
- Red - Americas
- White - Europe
- Blue - Oceania
- Yellow - Asia

Children helping children

**Our Father,  
 Who art in Heaven,  
 Hallowed be thy name.  
 Thy kingdom come,  
 Thy will be done  
 On earth as it is in Heaven.  
 Give us this day our daily bread.  
 Forgive us our trespasses  
 As we forgive those who trespass  
 against us.  
 And lead us not into temptation  
 But deliver us from evil. Amen**



Hail Mary, full of grace  
 The Lord is with thee.  
 Blessed art thou among women  
 And blessed is the fruit of thy  
 womb, Jesus.  
 Holy Mary, Mother of God,  
 Pray for us sinners now  
 And at the hour of our death.  
 Amen.

